

Packed Lunch Policy for parents supplying their own meals and consumables

Daily requirements for FEEE funded children unable or unwilling to pay

Within early years settings, there are very tight controls on food safety – from the size and shape of foods allowed on site, to fridge management, allergen controls, cooking and blending consistency and cleanliness.

When a child is attending a nursery setting, the primary responsibility for their safeguarding and wellbeing lies with that nursery. It is therefore paramount that these high standards are maintained and implemented. Having multiple lunch boxes on site reduces the control over allergens, food safety or age-appropriate foods, therefore it is imperative that this policy is followed at all times.

Failure to follow this policy may result in a child's funded place being withdrawn.

Parents are to provide a healthy packed lunch for their child as shown below. Please note these are non-negotiable requirements to ensure food safety and the well being of children.

- All items must be labeled with your child's name, date and either in original packaging or ingredients and allergens listed in food products.
- **No nut products.**
- Both lunch and tea pack ups must be separate, ideally in insulated lunch boxes and both **must** be provided with ice packs as will be stored at room temperature. We do not have the capacity to store in the fridge.
- All food provided is to be in clean containers that have been fully disinfected inside and out.
- Food cannot be re heated so please do not send food that needs heating at the nursery.
- Foods such as grapes, cherry tomatoes and similar foods must be cut length ways into at least 4 to 6 pieces. This is as per the guidance to prevent choking precautions.
- Sweets, chocolate bars, or sugary drinks will be sent home.

Any uneaten food will be sent home in a child's lunch box so you can see what hasn't been eaten.

For more information about healthy wholesome lunches please visit <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

Thank you for supporting a safe and healthy eating environment for all of the children.

For parents that opt out of the Meal and Enrichment charges, please ensure your child brings the following for each session.

AM Session

Breakfast	Cereal / Fruit
Snack	Fruit / Vegetable Sticks /Breadsticks / Oatcakes / Rice cakes
Lunch	Packed Lunch, including sandwiches (no nut or chocolate spread), wraps, crackers or rice cakes. Cold

	pasta. Vegetable sticks, fruit, cereal bars. Please do not send sweets or chocolate products. Must have ice packs in lunch box.
In nappies	Nappies, Wipes, nappy sacks, nappy cream, tissues
Winter months	Waterproof all in one / hat / scarf / gloves / warm clothing to be worn
Summer months	Summer Hat and suncream
Medication	Calpol / Piriton
All year round	Spare clothes / wellies

PM Session

Snack	Fruit / Vegetable Sticks / Breadsticks / Oatcakes / Rice cakes
Tea	Packed Lunch, including sandwiches (no nut spread or chocolate spread), wraps, crackers or rice cakes. Cold pasta. Vegetable sticks, fruit, cereal bars. Please do not send sweets or chocolate products. Must have ice packs in lunch box.
In nappies	Nappies, Wipes, nappy sacks, nappy cream, tissues
Winter months	Warm hat
Summer months	Summer Hat and suncream
Medication	Calpol / Piriton
All year round	Spare clothes / wellies

Where there are multiple occasions of parents / carers not following or breeching this policy, a child's funded session will be withdrawn.