

**Are you ready for  
school?**



**We hope you find this brochure helpful.**

It was written by local schools and early years settings after discussions together about what they felt were the most important things to help prepare children in their transition to school.

**With thanks to the following settings:**

Ashmount School

Booth Wood Primary School

Charnwood College Pre-school Playgroup

Cobden School and Pre-school

Loughborough Campus Nursery

Radmoor Day Nursery

Thorpe Acre Infants

Thorpe Acre Playgroup

## **In the first few weeks of school, don't be surprised if ...**

Your child's behaviour changes.

They are tired, clingy or have tantrums; this is quite normal.

Remember, they may take a while to get used to the new routines in school (even if they have previously been to a nursery or pre-school).

Talk to your child's teacher if you are worried.

## **Don't worry!**

All children are unique. Teachers won't expect every child to be able to read, write their name or do sums before they start school.

Children develop at their own rate - after all some will only just have turned four. The teacher will be skilled at helping your child to learn.

It's far more important that you and your child have fun together in their pre-school years.

## **Once you know which school your child will be going to:**

- Take every opportunity to visit the school and meet other children who may be going too.
- Go to open days with your child.
- Look at the school brochure or website together and talk about the pictures.

**I can go to the toilet and flush it.**



Use a step if needed.

Flushable wet wipes can be easier for some children.

**I can sit at a table and use my own cutlery.**



At school the children will be expected to sit down at a table together to eat their meal.  
Let your child help to prepare food. It can be fun to chop fruit or make sandwiches together.

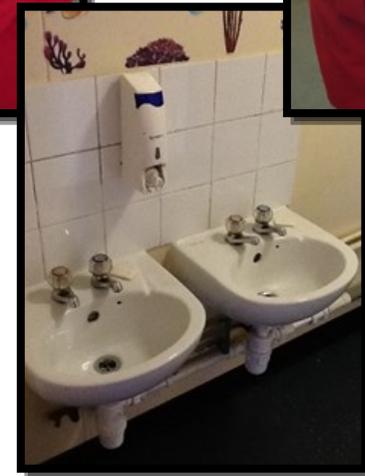
**I understand how to tidy up.**



Tidy up with your child.

Encourage them to help put their own toys away before getting out something else.

**I can wash and dry my hands afterwards.**



Squirry soap can be fun.

Practise drying hands in different ways, for example using hot air dryers or paper towels.

**I can dress, undress and change my own shoes with a little help.**



Make sure you allow extra time for your child to get ready.

Buttons can be tricky. Velcro will make it easier for your child to be independent.

Have a practice at getting dressed in their new school uniform and shoes before the big day.

**I can listen and follow instructions.**



It is important that your child is able to look and listen when an adult is speaking to them.

Practise by doing some cooking together.

Play a treasure hunt game to find objects around the house.

I can take turns, share  
and play with friends.



Practise playing simple games with your child.

Talk about how to play with friends using the language of sharing and taking turns.

If you have any concerns, talk to your child's teacher or key person about how to support your child.

I can recognise my own things.



Please make sure your child's name is written in **everything** (use permanent marker or labels).

A key chain is a good idea to help your child recognise their own book bag.

**I can recognise my own name.**



If your child is able to recognise their own name it will really help them in school.

**I can ask for help when I need it.**



Make sure you go to the induction meetings at school so your child can meet the teacher and other adults who will be looking after them.